

Daily Programming

Each classroom has a bulletin board. This will provide you with information about activities in the classroom. It will always contain a sample daily schedule. Please understand that when working with young children, the schedule may be altered from day to day, depending on the needs of the children. However, we attempt to stick to the same routine each day to provide consistency. Also found on the bulletin board will be an outline of that classrooms lesson plan for the week. This will give you an overview of some of the activities and projects the children will be working on.

Napping and Resting

Our center wide policy regarding napping and resting is the child must be allotted at least two hours for resting and napping.

Infants

Our Infant Program typically includes students from birth through eighteen months old. Children's feeding, sleeping, and diapering schedules are individualized. If parents will provide the teachers with the general schedule they have been following at home, we will do our best to keep their day as consistent as possible. The more details you can give the teachers describing your child's preferences, the better they will be able to care for them. Each day, you will go home with a daily activity sheet located on LifeCubby describing the day's eating, sleeping, and diapering results.

Once the child is around the age of 12 months old, he or she will begin to focus on learning the toddler activities and schedule. Children will eat and nap as a large group. They will also transition to sitting at a real table with chairs at meals and sleeping on a cot instead of in a crib at naptime.

Diapers

Diapers are to be changed every 2 hours.

Breastfeeding

If the parent does not want to breastfeed in the classroom another closed door room will be provided for the parent to breastfeed or express milk in privacy. Parents should request to use the room with the Director.

What To Bring

In the infant classrooms, parents provide everything that the children will eat and drink, as well as spare clothes. We are not permitted to use any sheets that are so large that they wrinkle or bunch up on the top, or are so small that they bend the mattress. Young infants cannot have anything their cribs. If a child needs the crib mattress elevated, such as for reflux, we are only permitted to use manufactured crib wedges, accompanied by a physician-signed sleep waiver.

A typical Infant schedule would include:

6:30 -7:00am	YSEC opens Welcome and communication with parents
7:00 - 8:00 a.m.	Morning snack/bottles offered
8:00 - 8:15 a.m.	Diaper routine
8:15 - 9:00 a.m.	Art and sensory activities

9:00 - 9:45 a.m.	Dress for outside
9:45 -10:00 a.m.	Stroller walks/Outdoor time
10:30 – 11:00 a.m.	Diaper routine/prepare for lunch
11:00 – 12:00p.m.	Lunch
12:00 -2:00 p.m.	Diaper routine/Nap time
2:00-2:30 p.m.	Wake up/diaper routine/potty training
2:30 - 3:00 p.m.	Afternoon snack/ Bottle
3:00 - 3:30 p.m.	Free play
3:30 - 4:00 p.m.	Diaper routine / Free play
4:00 - 4:30 p.m.	Music & movement
4:30 - 5:00 p.m.	Outdoor play / Gross motor activity
5:00-5:15 p.m.	Outdoor play
5:15-5:30 p.m.	Diaper routine / Prepare for parent pick-up
5:30 p.m.	YSEC closes

Toddlers

Our toddler program builds upon the infant skills learned and incorporates a more structured daily schedule. The school will provide morning and afternoon snacks each day, typically at 8:30 a.m. and at 3:30 p.m.

We begin potty training at 18 months old. It is always kept as a very positive experience and teachers are happy to work closely with parents to remain consistent with what is being done at home.

6:30 -7:00 a.m.	YSEC opens Welcome and communication with parents
7:00 - 7:30 a.m.	Touch and exploration activities
8:00 - 8:45 a.m.	Diaper routine / Potty training
8:45 - 9:00 a.m.	Morning Snack
9:00 - 9:45 a.m.	Circle time / Art and sensory activities
9:45 -10:00 a.m.	Dress for outside
10:00 - 10:30 a.m.	Stroller walks / Outdoor time

10:30 - 11:15 a.m.	Tidy up / Diaper routine / Prepare for lunch
11:30 -12:30 p.m.	Lunch
12:30 - 2:30 p.m.	Diaper routine / Nap / Quiet activities
2:30 - 3:00 p.m.	Wake up / Diaper routine / Potty training
3:00 - 3:30 p.m.	Afternoon snack
3:30 - 4:00 p.m.	Fine and gross motor activities / Manipulative / Table top activities
4:00 - 4:30 p.m.	Music & movement
4:30 - 5:00 p.m.	Diaper routine / Potty training
5:00-5:15 p.m.	Outdoor Play
5:15-5:30 p.m.	Tidy up / Prepare for parent pick-up / Free Play
5:30 p.m.	YSEC closes

Preschoolers/Pre-Kindergartners:

As with the toddler program, the center will supply a morning and afternoon snack and lunch each day. If your child packs their lunch, please make sure at least three food groups are included. Young Scholars Enrichment Center will supplement food. Students who wake up from the nap early or who do not sleep will be given quiet activities to work on while others sleep. Students are allotted 2 hours to nap on cots. Assessments are conducted quarterly.

What To Bring

Please send at least two sets of spare clothes, including shoes, for emergencies. Students in the preschool and Pre-K classes will nap, so please provide any items you wish them to have, such as a sheet, blanket and/or pillow.

6:30 -7:00 a.m.	YSEC opens Welcome and communication with parents
7:30 - 8:00 a.m.	Free choice activities/ One on one time with teacher
8:00 - 8:15 a.m.	Bathroom break offered
8:15 - 8:30 a.m.	Morning snack
8:30 - 9:30 a.m.	Circle time – News / Celebrations / Story Time / Dramatic play
9:30 -10:15 a.m.	Science / Sensory / Math
10:15 - 10:45 a.m.	Outside activities – sand, water, playground, painting etc.
10:45- 11:15 a.m.	Tidy up / Prepare for lunch
11:30 -12:30 p.m.	Lunch
12:30 - 2:30 p.m.	Nap / Quiet activities

2:30 - 3:00 p.m.	Wake up/ Bathroom break / Books
3:00 - 3:30 p.m.	Afternoon snack
3:30 - 4:00 p.m.	Manipulative & table top activities
4:00 - 4:45 p.m.	Music and movement / Closing circle
4:30- 5:00 p.m.	Outdoor time
5:00-5:15 p.m.	Bathroom break/Tidy up
5:15p.m.-5:30 p.m.	Prepare for parent pick-up / Free play
5:30pm	YSEC closes